



Promoted for and on behalf of Cycling Time Trials under their rules and regulations

The START SHEET for the East Anglia VTTA 25 mile Individual & Tandem Time Trials COURSE F2A/25 – Saturday 24<sup>th</sup> SEPTEMBER 2022 - STARTS AT 14:01

Timekeepers: Michael Keen and Freda Wezel

Event Secretary: Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT 07873707826

EVENT HQ - Caldecote Village Hall, Furlong Way, Highfields Caldecote, CB23 7ZH.

Hall open from 12.30pm latest

**Course details: F2A/25:** START (GR389596) on St Neots Road west of Madingley RAB about 626yds west of RAB at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1<sup>st</sup> exit onto A428 westbound, past Hardwick and Cambourne flyover junctions to:

TURN (6.56m) at Caxton Gibbet RAB (junction with A1198). Retrace A428 eastbound and about 1-mile past Hardwick flyover bear left onto A1303 sliproad (CTT arrows here but **NO MARSHAL**), signed Cambridge, follow over A428 to:

TURN (12.86m) at Madingley RAB taking 4<sup>th</sup> exit to re-join A428 and retrace westbound to: TURN (19.13m) at Caxton Gibbet RAB. Retrace A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to:

FINISH on sliproad 15yds past 'Bend' sign (currently just a post!).

**My alternative description:** You start on the old St Neots road and ride to the roundabout (marshalled) and take first left onto the A428. After c6.25 miles you reach a roundabout – go right round and return on the opposite carriageway. There should be four marshals on the roundabout.

After another 6 miles you will exit the A428. This is the first junction after you pass under a blue metal bridge spanning the dual carriageway <u>A428 - Google Maps</u>. There will not be anyone on the course to see you off – but it will be signed with CTT markers. It is signed Cambridge (S&W) A1303.

https://www.qoogle.co.uk/maps/@52.2176817,0.0139374,3a,75y,95.73h,104.67t/data=!3 m6!1e1!3m4!1shhocn2VCl87YiOrqquB79q!2e0!7i16384!8i8192. Go past the timekeeper on the slip-road (remember it is two laps), carry on over the fly-over and at the roundabout take the fourth junction back onto the A428 i.e., start of lap two. Once you have completed the course by passing the timekeeper for a second time, carry on over flyover (keep to the left as other riders will be starting their second lap), take third junction onto the old St Neots road and retrace steps back to HQ.

NOTES TO RIDERS - The following national and local regulations must be adhered to: -

- 1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.
- 2. Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and slip road, but should be located at the start of the slip road.
- 3. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
- 4. No warming-up by competitors is allowed along any part of the designated course, after the event has started.
- 5. Numbers will be situated in the HQ.
- 6. Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.
- 7. Riders are required to both sign on and sign off. Failure to sign off will result in a rider being marked as DNF.

**HQ to start**: 3.2 miles of flat road. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 3<sup>rd</sup> exit onto St Neots Road, past the BP garage. At the next RAB take the 3<sup>rd</sup> exit signed to Hardwick and the start is further along this road. Signs will mark the route.

**Finish to HQ**: Continue to RAB where take 3<sup>rd</sup> exit, signed Comberton, Hardwick. Stay on this road past the start until it bears right to a RAB where take the first exit. Follow this road to the next RAB where 1<sup>st</sup> left then follow over mini RABs and turn right into Furlong Way. Signs will mark the route.

**Parking:** No parking at the finish or close to the start. There is limited parking at the HQ but careful parking on the grass is okay. There is another small parking area just on past the HQ entrance. Please DO NOT park on the residential streets by the HQ— there is plenty of space to park along St Neots Road on the way towards the start but please don't park in front of houses.

**Refreshments**: Volunteers from the Isobel Hospice will be providing hot drinks (first drink free) and selling cakes at HQ.. Please support the Hospice by purchasing cakes.

**Results Board:** there will be a full electronic results board at HQ.

**Marshals**: Marshals will be out on the course. Please acknowledge their dedication as you pass.

There are reserves waiting for start times so please advise organiser ASAP if you will be a DNS